comfortable keyboard wrist rest

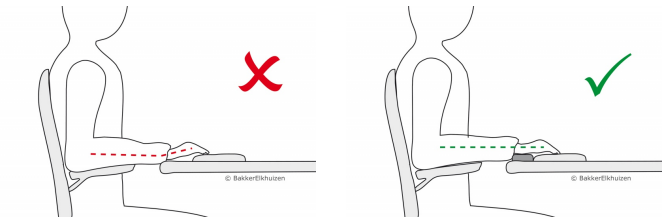
Goldtouch Wrist Rest

Ergonomic: actively support each palm in alignment with the left and right sides of the keyboard

Fit: ideal used in combination with the Goldtouch keyboard

Attention: Flexibility in positioning of wrist support

Material: durable gel and smooth lycra



Specifications

Dimensions:	170 x 20 x 70 mm (W x D x H)
Weight:	350 g
Product code:	BNEGTWR

Research

When working with a keyboard and mouse it is important that the arm is sufficiently supported by using a good armrest on the chair or a separate armrest. An armrest reduces muscle tension in the arm and shoulder and promotes comfort. A wrist support helps to keep the wrist straight during typing and can be used `to rest` for a moment during one's work.

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1. with keyboard

2. work comfortable

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